



## Springwoods School Advisory Council (SAC) Former Parent Advisory Council (PAC)

Meeting Minutes  
Wednesday, January 29th, 2025  
Location: Virtual (Zoom)

Meeting called to order at 6:00 pm

### **In Attendance:**

Janeene Mainor (*Principal*)  
Kenneth Harkins (*Assistant Principal*)  
Ken Burton (*Assistant Principal*)  
Daniela Loera (*Senior Chair*)  
Satasha Torres (*SAC Chair*)  
Joe Weston (*Vice Chair*)  
Kate Finnern (*SACI Rep*)  
Sara Rodriguez (*Parent Liaison*)  
Alex Cornelius (*School Counselor*)  
Joanne Hanger (*School Counselor*)  
Summer Mostafavi (*School Counselor*)  
Alexander Lungi (*PTA President*)

### **1. Welcome**

- Welcome by Satasha Torres, confirming this as the 4th SAC meeting.
- Acknowledgment of attendees and appreciation for participation.

### **2. Budget Updates**

- Overview of financial standing and resource allocation.
- Emphasis on staffing costs as the largest expenditure.
- Mention of upcoming fiscal adjustments based on student enrollment.
- Mrs. Mainor shared information about funding for special projects available to schools by request.
  - A request was submitted for 2 major priorities: (1) STEAM teacher; (2) Library Collection Overhaul
  - The projects would be considered for the 2027-2028 school year if accepted and approved.

- Mr. Harkins discussed library needs in detail related to updating the books/collections available.
  - Mr. Harkins is working with the librarian and parent liaison to look for grants to support library needs.
  - PTA will discuss the possibility of providing support for library needs.

### **3. Updates on School Improvement Plan**

- No updated data is available at this time due to mid-year testing currently in progress.
- Updates will be provided at the next SAC meeting.

### **4. SACI Report (Duncan and Kate)**

- The last SACI meeting was canceled due to snow days (information was sent out via PowerPoint).
- SACI notes included information about student health support, health and wellness, tiered mental health interventions
- SACI forum mentioned considering what we can do to retain teachers.
- McDade (superintendent) will be in attendance at the April SACI meeting.

### **5. Hot Topics (Admin)**

- **Our School's Mental Health Support System (Multi-Tier Support System)**
  - Daniela Loera discussed questions posed by the SACI team regarding mental health support and counseling curriculum at Springwoods.
  - Springwoods school counselors were in attendance. They presented on school counseling at Springwoods and discussed the following:
    - Counselors' roles include individual student support and school-wide initiatives.
    - Multi-tiered support team includes counselors, school social worker, admins, and parent liaison
    - VDOE standards for school counseling programs
    - Topics for discussion each month are determined based on student needs and trends.
    - How can parents access counseling support for their child?
      - Parents can reach out to their child's teacher or directly to school counselors.
      - Short-term, solution-focused, with the goal of regulation so they can attend academically).
      - A list of outside community counseling services is provided by the county and available to any family.
    - School counselors can speak to a student if a teacher expresses concern without a parent's consent.

- Parents can “opt-out” of counseling services via form.
- Overview of curriculums used, focusing on social-emotional learning.
  - The county provides topics and timelines for counseling lessons.

## 6. Progress on Bylaws

- Bylaws are in the finalization stage and will be distributed for review.
- Approval to be scheduled in an upcoming meeting.

## 7. Open Forum (-10 Mins)

- Member asked how/if counseling services are provided to students with IEPs addressing social-emotional and/or behavioral concerns.
  - Counselors do not directly provide services dictated on a child’s IEP. These services are provided by special education teachers, school social workers, and school psychologists.
  - Counselors can still provide support for these students outside of direct services required by their IEP.
- Member asked about conflict-resolution measures for interpersonal relationships (such as lunch bunches). Mrs. Hanger shared how restorative practices are utilized within the school environment to help students work through conflicts with their peers and gain these skills.
- The counseling team shared that they also run data-driven “groups” to target specific concerns (behavioral, academic, attendance problems, etc.)
- Member raised discussion about language programs and county initiative for the book adoption committee.
  - Mr. Harkins discussed the book adoption process for PWCS.
  - There are currently no plans to offer language programming at Springwoods.
- Member asked about Springwoods initiatives for military-connected students.
  - Ms. Rodriguez shared information about how she is working with military-connected students.

## 8. Plans for Next Meeting

- Review of final bylaws.
- Further discussion on mental health initiatives.
- Updates on budgetary changes and school improvement strategies.

## 9. Adjournment

- Closing remarks by Mr. Harkins, thanking attendees for their time and contributions.
- **Meeting adjourned at 6:57 PM.**